



WRSB Newsletter

WOLVERHAMPTON RHEUMATOLOGY SUPPORT GROUP

Charity No 1041181

CARING IS SHARING

Issue Number 162

March 2021

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COFFEE MORNINGS

Well, here we are again, 12 months on and still no coffee mornings. Our last coffee morning, I am sure you will recall was 03 March 2020, we had an interesting talk about Compton Care, formerly Compton Hospice, As yet I have no idea when we will resume our meetings. However, with the roll out of

the vaccine's against COVID-19, I am feeling more hopeful.

CORONAVIRUS UPDATE

Hopefully, most of us will have had at least the first vaccination by now and so have some protection against the virus. Please do not become complacent, it is still possible to get the virus and to be very poorly with it. I had my first vaccination in January and 5 days later tested positive. It didn't take long for me to become quite poorly. I went downhill very quickly and had some very scary days and nights. Thankfully, I pulled through and although I still have a long way to go, I have won my personal battle against the virus.

By now those of you that are shielding will have received notification shielding has been extended until the 31 March 2021.

This includes people like me that may have had the virus. There is there is no proven evidence as to how long any immunity to the virus may last, it could be 1 week or it could be months, plus, there is a chance you could contract the virus again.

So please be aware that the lockdown regulations still apply to you even if you have been vaccinated.

Whilst updating Covid –19 news, February 2021 the Government announced that unpaid carer’s who do not live with the people they care for can have free PPE, Personal Protective Equipment. The idea is to keep people safe when moving between households. Your first port of call is your Local Council, to ask about the scheme, if they have not signed up for distribution of the PPE, they should be able to point you in the right direction. This is not for visiting family and friends, it is for unpaid carers. (For example; a daughter caring for an elderly mom who she does not live with.)

Dogs

Completely different subject, there seems to be a purge on dogs being stolen. Please stay extra vigilant especially when walking your dogs. Every pets is priceless to its owner, however some breeds are very much sought after.

The police ask, if you see anyone acting suspiciously report it, if they are in a car or van, take the registration number, contact the police using the non-emergency number 101. Do not approach or take any other action.

Scam

I know I am often mentioning scams to you but the latest one looks and sounds believable given the times we are in at the moment. It reads:

GOV-UK: We are issuing a payment of £258.98 to all households as part of its promise to battle COVID-19. Please visit

gov-cvd-rebate.com to apply.

Please don't this is a scam and they are more likely to take your money rather than give you any.

Stay Safe Everyone

Jan Simpson
Chairperson / Editor

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