



WRSO Newsletter

WOLVERHAMPTON RHEUMATOLOGY SUPPORT GROUP

Charity No 1041181

CARING IS SHARING

Issue Number 171

April 2022

Editor: Jan Simpson

Email: info.wrsg@mail.com

EDITOR:

Jan Simpson

Tele: 01902 835248

Email; info.wrsg@mail.com

jansimpson03@yahoo.co.uk

Web: www.wrsg.org.uk

Rheumatology Helpline.

01902 695491

CONTENT

- **Obituary**
- **Coffee Mornings**
- **Other News**

Obituary

It is with great sadness that I announce Kathleen Humphreys passed away 01 February 2022. Our thoughts are with Kathleen's family at this sad time.

Coffee Mornings

Monday 04 April 2022

10.00 till 12.00,

Doors open 09.50

Dementia / Carer's

Harjinder is coming to talk about Dementia and tips to help Care for someone living with Dementia.

At Linden House,

112 Tettenhall Road

Wolverhampton

WV6 0DD

.....

Monday 09 May 2022

10.00 till 12.00

Doors open 09.50

Speaker to be agreed

07 February 2022

Jo came along and gave us a little insight to the Chinese culture. So red is a lucky colour! Let's all hit the shops, as if we need an excuse, but

thinking about it seriously, I don't wear red, yet! Do you? We also had a taste of two rice dishes. Thank you, Jo, for your tip about cooking rice the night before to let it 'sit' to prevent it sticking together. Everyone enjoyed the morning, I feel sure we shall be inviting Jo to join us again, watch this space.

Pre- Paid Funeral

As many of you know our Estate Planning Update was cancelled for our March coffee morning.

I was hoping, Estate Planning, amongst other things, were going to give us information on pre-paid funeral plans, bought about by the Financial Conduct Authority, (FCA). I am sure some of you will have heard that companies arranging pre-pain funeral plans need to register with the FCA to obtain authorisation before July 2022, to provide said plans. If they do not have authorisation, they must cease trading (selling new plans) until their application has been dealt with. If they do not intend to apply, then they should wind down their business and transfer the existing plans to a company

with the appropriate authorisation.

The FCA check the company meets consumer needs and offer fair value. They also make sure the company look after the consumers money and that it is used to deliver funeral services. I am aware that some members took out Funeral Plans with Rest Assured following a previous speaker who visited our group over 3/4 years ago. I must point out that I am not a financial advisor or connected to a company in any way. However, I have looked on the FCA page and Rest Assured have applied for authorisation. We will not know for sure if they have been granted authorisation to continue with pre-paid funerals until nearer July 2022. I will continue to look on the list and attempt to keep you updated. If you want to look up any other company to see if they have applied for authorisation, you can check on; fca.org.uk

Appointment Buddies

07 March 2022

Thankfully, Marie from Appointment Buddies stepped up and saved the day.

Marie advised that the company are back on track after the problems around Covid. They have vehicles to suit everyone, even wheelchair access vehicles, (WAV). They will take you wherever you want or need to go, Dr's, hospital, shopping, garden centre visits. They stay with you until you are ready to go home, so you have a carer as well as transport, with no hanging around for hospital transport or buses. They will visit you in your home if you want a little bit of company.

They do dog walking; pet sitting and will look after your pets (does not have to be a dog) for you if you are not at home. Also, they have a sister company 'Feeling Fabulous' with qualified staff, to give you a little bit of pampering, they will come to your home and do your nails, hair, and facials to make you feel good.

All enquiries.

07778 145587/ 07306 341577

Council Tax Rebate

Bands A – D are eligible for a £150 rebate per household. If you already pay by direct debit

the £150 will be paid into your bank at some point during April 2022, this is because they already have your bank details.

If you do not pay the full amount of Council Tax, for example you live alone, you are still eligible for the full £150 rebate.

If you do not pay by Direct Debit your local council will contact you by letter to arrange payment of the rebate. Please do not give any bank details over the phone. Should you wish to contact the Council Offices you can call the Council Contact Centre; 01902 551155 to be put through to the department you require.

We are organizing a day out to

Llandudno

Friday 27 May 2022

£5.00 to members.

(Members take priority due to number of seats available.)

£13.00 to non-members

16 June 2022.

Mary is also organising a day out to **Alrewos Arboretum**, the day includes entry to the garden centre and a 3-course lunch for £49.95.

Wednesday 13 July 22.

We have also agreed that our annual garden party at Gunston Hall will be a

‘Celebration Party’ due to it being the year of the Queen’s jubilee.

2.00 till 4.00

Please let Mary know if you are interested in any of the above events and to ask for more information on times and pick up points.

01902 685683.

I would also like to thank Barry for taking on the responsibility of taking round the raffle tickets.

4th Covid Vaccination

Many of you may have already had your Spring 4th Jab, for those that have not, it is being made available in the first instance to the most vulnerable, people who are immunosuppressed and people over the age of 75 and over.

If, like me you have had a letter inviting you to have the 4 vaccination but your GP or

should I say the receptionist tells you it not their responsibility to write a referral letter, it is!

However, fear not, the NHS will send for you regardless.

Obviously, you don’t have to have the 4th booster, but it is advisable, especially to the Clinically Vulnerable people. The choice is yours, so all I can say is ‘choose wisely’

Stay Safe Everyone

Jan Simpson
Chairperson / Editor

The views expressed in this newsletter are taken in good faith and are not necessarily endorsed by the editor.

If you do not wish to receive this newsletter / email, please contact our group secretary. You may cancel your consent at any time.